



Our Dress Code

A Dress Code is important for many reasons. "Traditional" dance attire is still used to this day--because it works. Dancers need to dance safely, allow for ease of movement, and teachers need to clearly see the student's body properly in order to make corrections. (It also eliminates a fashion competition among students.)

GENERAL RULES TO OBSERVE:

- Girls long hair: must be in a bun or braids securely pinned to the head. Girls short hair: must be held back with a fabric headband or similar (please, no plastic headbands) Boys hair: should be combed and as neat as possible. Long hair should be tied back.
- NO jewellery, please.
- Girls should not wear underwear as it can fall down, get bunched up, and is "extra padding" that traps perspiration and not necessary under tights and a bodysuit. Older girls should wear a supportive bra (if necessary.)
- Dance skirts must not be any longer than mid-thigh.
- Please keep the prints on your top to a minimum. Absolutely no unacceptable language or content allowed on clothing.
- Your body must be covered; NO bare legs whatsoever (pants, tights or leggings), no tummy showing, no matter what the weather/season.

BOYS, ALL CLASSES: plain black, grey or white t-shirt (short or long sleeves), must be fairly form fitting. Black or navy Jazz pants (or similar). Black shoes and socks according to dance form.



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| <input type="checkbox"/> | <u>Ages 3, 4, 5</u>
Any style, light pink bodysuit, ballerina pink tights, and soft pink leather ballet shoes. A matching pink skirt is recommended. You may add a pink ballet wrap sweater when it's cold. |
| <input type="checkbox"/> | <u>Ages 6-7</u>
Any style, lilac bodysuit, ballerina pink tights, soft pink ballet shoes. A matching lilac skirt is recommended. You may add a pink ballet wrap sweater when it's cold. |
| <input type="checkbox"/> | <u>Beginner Ballet-levels 1, 2</u>
Any style, light blue bodysuit, ballerina pink tights, soft pink leather ballet shoes. A matching light blue skirt is recommended. You may add a pink or white ballet wrap sweater when it's cold. |
| <input type="checkbox"/> | <u>Intermediate Ballet-levels 3, 4</u>
Any style, dark purple bodysuit, ballerina pink tights, soft pink leather split-sole ballet shoes. A matching purple skirt is optional. You may add a pink, black, or white ballet wrap sweater when it's cold. |
| <input type="checkbox"/> | <u>Advanced Ballet-levels 4 and up</u>
Black bodysuit, ballerina pink convertible tights, soft pink leather split sole ballet shoes. A black skirt is optional. You may add a pink or black ballet wrap sweater when it's cold. You may also need pre-pointe or pointe shoes (at your teacher's discretion) <i>*Advanced levels may wear any colour bodysuit/skirt.</i> |
| <input type="checkbox"/> | <u>Jazz-all levels</u>
Beige split sole jazz shoes, plain, dark coloured leggings/bike shorts/bodysuit. (No prints!!) Beige tights. Wrap sweaters may be worn when it's cold. No midribs showing! **Black, navy or dark dance wear is always preferred. |
| <input type="checkbox"/> | <u>Tap-all levels</u>
Black tap shoes, beige tights/black leggings/bike shorts/bodysuit. No prints, and must be able to see your feet clearly (no wide-bottomed pants) Wrap sweaters may be worn when it's cold. |

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